

2020 Spreewälder Duathlonmann/-frau 16-84-5

Platz	Platz	Platz	Start	Vorname Name	Verein	AK	Platz	1. Lauf	Rad	2. Lauf	Gesamt-
Gesamt	männl	weib	Nr.				AK				zeit
1	1		17	Steven Brüscke	Lübben	AK 30	1	00:59:22.6	02:05:53.6	00:21:16.4	03:26:32.6
2	2		108	Christian Tölg	Team Berlin	AK 35	1	01:00:48.2	02:07:49.1	00:20:23.4	03:29:00.7
3	3		12	Sebastian Blecke	Tri-Finisher Berlin e.V.	AK 45	1	01:00:31.2	02:07:31.9	00:21:33.6	03:29:36.7
4	4		37	Thomas Gogolin	MSV TRIPOINT Frankfurt Oder	AK 40	1	00:59:11.8	02:09:20.1	00:21:35.0	03:30:06.9
5	5		86	Stefan Rauschenbach	Tri Team Berlin	AK 30	2	01:00:30.0	02:08:10.0	00:23:22.4	03:32:02.4
6	6		88	Michael Richter	LTC Berlin	AK 45	2	01:00:43.3	02:08:00.2	00:23:36.6	03:32:20.1
7	7		42	Enrico Heinowsky	Sisu Berlin	AK 40	2	01:07:40.9	02:05:15.1	00:22:21.9	03:35:17.9
8	8		78	Benjamin Ott	DOWE-Sportswear-Team, VfB Torpedo Ichtershäusen	AK 30	3	01:02:12.5	02:12:50.0	00:21:47.8	03:36:50.3
9	9		36	Martin Glase	TriTeam Berlin	AK 35	2	01:06:22.9	02:09:07.9	00:22:27.6	03:37:58.4
10	10		84	Maksim Polozov	LG Oberhavel	AK 35	3	01:03:15.3	02:16:22.0	00:20:50.9	03:40:28.2
11	11		53	Alexander Kieß	AHAB-Akademie	AK 40	3	01:02:14.3	02:16:08.6	00:22:51.9	03:41:14.8
12	12		107	Mike Tilgner	SV Stahl Hennigsdorf	AK 50	1	01:04:45.0	02:19:45.1	00:21:22.8	03:45:52.9
13		1	54	Anja Kobs	Team Erdinger Alkoholfrei / TSV Alling	AK 40	1	01:03:55.7	02:19:46.6	00:22:11.7	03:45:54.0
14	13		34	Lukas Gingold	Tri-Finisher Berlin	AK 40	4	01:03:32.4	02:19:29.5	00:24:22.3	03:47:24.2
15	14		72	Stefan Meissner	TuS Neukölln Berlin	AK 30	4	01:02:11.9	02:22:10.3	00:23:51.6	03:48:13.8
16	15		111	Tom Umlauf		AK 30	5	01:05:37.9	02:18:25.5	00:24:15.3	03:48:18.7
17	16		19	Alexander Burghardt	Fahrrad Magdeburg Trimagos	AK 35	4	01:04:14.4	02:22:01.9	00:23:20.4	03:49:36.7
18	17		49	Bernd Jaeckel	Berlin	AK 45	3	01:09:44.1	02:16:38.8	00:24:45.3	03:51:08.2
19	18		122	Cornelius Wermann	TriSport Schwerin	AK 40	5	01:04:53.6	02:16:52.4	00:29:30.0	03:51:16.0
20		2	27	Livia Egger	TuS Neukölln / Team Wyn	AK 25	1	01:03:28.6	02:25:37.6	00:22:14.3	03:51:20.5
21	19		129	Erik Schliwa	Team Tempus	AK 40	6	01:04:42.3	02:21:49.8	00:27:45.2	03:54:17.3
22	20		58	Marco Krätsch	TSV Cottbus	AK 40	7	01:05:37.5	02:21:25.8	00:27:48.6	03:54:51.9
23	21		100	Sebastian Schulze	KSV Ajax-Neptun Berlin	AK 35	5	01:09:56.7	02:20:51.1	00:24:06.4	03:54:54.2
24	22		38	Sascha Gruschwitz	TSV Barsinghausen	AK 40	8	01:04:17.0	02:27:23.1	00:23:32.7	03:55:12.8
25	23		131	Fabian Hübner	Tri-Finisher-Berlin e.V.	AK 30	6	01:04:48.1	02:25:16.7	00:27:16.8	03:57:21.6
26	24		56	Jan-Marius Korff	Ruppiner Triathlon Verein	AK 35	6	01:12:40.3	02:20:37.4	00:25:05.5	03:58:23.2
27	25		92	Frank Rutkowski	Tri Team berlin	AK 55	1	01:08:32.2	02:27:12.9	00:23:39.4	03:59:24.5
28	26		24	Frank Druska	TV 06 Thalmässing	AK 50	2	01:03:37.1	02:27:59.1	00:28:17.9	03:59:54.1
29	27		104	Andreas Thude	-	AK 40	9	01:05:14.5	02:32:17.0	00:24:35.8	04:02:07.3
30		3	7	Elena Berndt	Lehrter SV Triathlon	AK 30	1	01:09:00.9	02:30:56.8	00:23:53.4	04:03:51.1
31	28		105	Steffen Thürmer	Dreizack Spandau e.V.	AK 40	10	01:06:12.1	02:33:37.9	00:24:31.4	04:04:21.4
32	29		41	Bastian Heidenreich	Team K	AK 30	7	01:10:21.3	02:27:56.0	00:27:03.9	04:05:21.2
33	30		20	Martin Burmeister	Heidenau	AK 40	11	01:12:11.9	02:28:23.3	00:25:01.2	04:05:36.4

34		4	83	Sandy Pollack	Team Pollack	AK 40	2	01:11:58.4	02:27:55.1	00:25:46.7	04:05:40.2
35		5	8	Sonja Bettge	Sisu Berlin	AK 25	2	01:08:49.9	02:34:21.5	00:23:16.8	04:06:28.2
36	31		117	Maik Waldburger	Ruppiner Triathlon Verein e.V.	AK 40	12	01:04:27.0	02:34:14.8	00:28:02.3	04:06:44.1
37	32		115	Heiner von Lüpke	CX berlin	AK 45	4	01:10:08.1	02:33:40.2	00:23:20.3	04:07:08.6
38	33		1	Peter Acampora	Weltraumjogger	AK 45	5	01:06:25.0	02:36:40.5	00:25:33.3	04:08:38.8
39	34		5	Timo Bartnik	TSV Barsinghausen	AK 30	8	01:11:48.7	02:31:20.6	00:26:18.2	04:09:27.5
40	35		67	Steffen Lengefeld	FC St. Pauli Triathlon	AK 45	6	01:14:05.8	02:29:41.7	00:25:41.6	04:09:29.1
41	36		68	Jens Lommatzsch Diwinski	Regensburg	AK 50	3	01:09:39.2	02:35:45.3	00:25:50.0	04:11:14.5
42	37		79	Torsten Paul	TLV Rangsdorf	AK 50	4	01:13:41.9	02:33:13.2	00:24:22.2	04:11:17.3
43	38		66	Stefan Lebelt	Endurance House	AK 35	7	01:11:16.0	02:33:15.8	00:26:48.1	04:11:19.9
44	39		114	Peter Jan Vogelgesang	Ruppiger Triathlonverein	AK 45	7	01:15:51.3	02:28:00.8	00:27:31.9	04:11:24.0
45	40		90	David Ritscher	Sisu Berlin	AK 30	9	01:12:37.3	02:33:03.7	00:25:59.4	04:11:40.4
46	41		48	Pedro Izquierdo Canovas	Berlin	AK 35	8	01:11:56.6	02:39:10.9	00:23:41.4	04:14:48.9
47	42		128	Rocco-Mario Radka	Pit-Bikes	AK 40	13	01:16:04.1	02:33:30.7	00:25:56.6	04:15:31.4
48	43		51	Lars Karow	Sisu Berlin	AK 45	8	01:16:19.1	02:31:16.6	00:28:24.2	04:15:59.9
49	44		120	David Weigert	Grün-Weiß Weißwasser	AK 35	9	01:20:41.5	02:29:21.3	00:26:02.0	04:16:04.8
50	45		9	Lutz Biastoch	OSSV Kamenz	AK 50	5	01:10:23.3	02:39:33.1	00:26:11.4	04:16:07.8
51	46		25	Marco Duesterbeck	Ruppiner Triathlon Verein	AK 45	9	01:17:47.2	02:31:55.9	00:26:54.7	04:16:37.8
52	47		73	Olaf Mistareck	TLV Rangsdorf	AK 55	2	01:14:23.3	02:38:32.2	00:25:45.4	04:18:40.9
53		6	116	Stefanie von Mechow	SCC Berlin	AK 45	1	01:10:16.6	02:44:30.4	00:25:08.1	04:19:55.1
54	48		130	Mathias Röder	Marktkauf Lübben	AK 40	14	01:09:23.5	02:39:10.7	00:31:35.4	04:20:09.6
55	49		87	Philipp Reichert	Erdinger Alkoholfrei	AK 30	10	01:14:10.6	02:36:04.1	00:31:53.1	04:22:07.8
56	50		29	Nicky Fahrenkrug	Caminchen	AK 40	15	01:16:05.7	02:37:34.0	00:28:59.1	04:22:38.8
57	51		2	Domenic Achterberg	Sisu Berlin	AK 25	1	01:21:56.5	02:31:26.2	00:29:57.1	04:23:19.8
58		7	81	Sandra Petersohn	LC Dübener Heide / Team SISU	AK 45	2	01:14:38.4	02:41:43.0	00:27:05.1	04:23:26.5
59	52		39	Mario Hädicke	LLB	AK 35	10	01:18:12.8	02:39:55.5	00:26:23.3	04:24:31.6
60	53		69	Stefan Lorenz	SG Chemnitz Adelsberg	AK 45	10	01:14:30.2	02:43:49.9	00:26:25.7	04:24:45.8
61		8	32	Kati Franke	A3K Berlin	AK 35	1	01:19:21.1	02:39:54.7	00:25:52.6	04:25:08.4
62	54		23	Udo Drawe	bikepirat.at	AK 50	6	01:15:03.1	02:42:58.2	00:28:47.2	04:26:48.5
63	55		50	Volker Jordan		AK 55	3	01:19:16.1	02:39:05.1	00:28:31.5	04:26:52.7
64	56		26	Andreas Ebert	Dresden	AK 55	4	01:18:54.8	02:40:10.1	00:30:15.7	04:29:20.6
65	57		124	Christian Winkler	Luckyfitness.de	AK 30	11	01:25:00.4	02:40:45.7	00:25:28.5	04:31:14.6
66	58		3	Timo Altenfeld	Potsdam	AK 30	12	01:14:57.5	02:48:01.1	00:28:33.4	04:31:32.0
67	59		62	Jeremy Krstic	Berliner Wasserratten e.V.	AK 40	16	01:18:01.3	02:31:45.4	00:43:21.1	04:33:07.8
68		9	121	Christiane Wermann	Trisport Schwerin	AK 45	3	01:20:09.2	02:44:48.6	00:28:12.0	04:33:09.8
69	60		99	Josef Schnocklake	Team twenty.six e.V.	AK 45	11	01:25:01.9	02:38:19.5	00:30:07.1	04:33:28.5
70	61		40	Michael Hadrisch	Schöne Beine Potsdam	AK 45	12	01:25:48.8	02:39:25.9	00:29:41.1	04:34:55.8

71	62		109	Frank Trautmann	TEA/BSV Knappen Schwarze Pumpe	AK 40	17	01:15:26.1	02:56:06.4	00:24:32.1	04:36:04.6
72	63		65	Hans Laaser	MRRC München	AK 65	1	01:26:19.3	02:39:29.9	00:30:32.9	04:36:22.1
73	64		47	Karsten Kortekamp	Ruppiner Triathlon Verein	AK 60	1	01:27:03.8	02:39:46.9	00:29:44.8	04:36:35.5
74		10	106	Kerstin Tilgner	SV Stahl Hennigsdorf	AK 45	4	01:20:06.7	02:50:16.8	00:27:34.9	04:37:58.4
75	65		55	Oliver Kolleyer	Wandlitz	AK 50	7	01:20:57.5	02:49:14.4	00:27:47.5	04:37:59.4
76	66		33	Sebastian Giese	Team Butter	AK 35	11	01:19:12.5	02:45:22.9	00:34:00.5	04:38:35.9
77	67		91	Peter Rundel	Triatholn Potsdam eV	AK 60	2	01:19:51.0	02:52:54.6	00:28:30.3	04:41:15.9
78	68		103	Oliver Thiem	6er Kette	AK 45	13	01:23:22.3	02:45:02.1	00:32:52.7	04:41:17.1
79		11	71	Sandra Meckel	LATV Plauen	AK 45	5	01:20:12.6	02:53:14.1	00:27:51.0	04:41:17.7
80	69		30	Johannes Feige	Berlin	AK 40	18	01:21:51.9	02:52:33.4	00:26:59.9	04:41:25.2
81	70		4	Karsten Apel	Luckauer Läuferbund	AK 60	3	01:28:05.8	02:38:46.6	00:35:10.0	04:42:02.4
82	71		64	Michael Kunz	Lauftraining—Berlin.de	AK 40	19	01:15:29.9	02:57:46.6	00:29:10.6	04:42:27.1
83	72		126	Frank Zander	SV Wasserfreunde Brandenburg	AK 45	14	01:22:58.0	02:48:50.9	00:33:11.3	04:45:00.2
84	73		21	Frank Deutschmann	Sisu Berlin	AK 65	2	01:19:58.5	02:53:57.3	00:31:42.0	04:45:37.8
85	74		112	Nico Venske	MSC Bestensee	AK 40	20	01:29:13.2	02:44:31.5	00:33:02.1	04:46:46.8
86	75		6	Dirk Bening	Turbine Neubrandenbug	AK 55	5	01:18:21.2	02:54:47.3	00:34:34.8	04:47:43.3
87		12	74	Vanessa Monath		AK 40	3	01:19:43.9	02:54:30.2	00:34:51.4	04:49:05.5
88	76		10	Christian Biesler	Team De Luk	AK 35	12	01:20:43.6	02:55:57.0	00:33:57.7	04:50:38.3
89	77		14	Daniel Brandis	Ruppiner Triathlon Verein	AK 45	15	01:28:20.0	02:53:16.9	00:30:01.9	04:51:38.8
90	78		76	Gerrit Nabrat	Luckauer Läuferbund	AK 50	8	01:28:05.0	02:54:41.3	00:33:09.6	04:55:55.9
91		13	59	Anett Kraus	RC 1898 Radeberg	AK 55	1	01:23:21.0	03:04:27.1	00:28:15.4	04:56:03.5
92	79		45	Enrico Hirche	Kodersdorf	AK 55	6	01:25:39.1	03:00:18.9	00:31:34.6	04:57:32.6
93	80		15	Hartmut Breithaupt	TRICON Schwäbisch Hall	AK 60	4	01:24:14.9	02:59:08.4	00:34:20.8	04:57:44.1
94	81		44	Dirk Heuchert	Plan 52	AK 55	7	01:19:04.4	03:11:28.8	00:31:02.8	05:01:36.0
95	82		75	Michael Mueller	Berlin Med Triathlon	AK 60	5	01:27:42.6	03:06:49.7	00:30:16.4	05:04:48.7
96	83		119	Stefan Weigang	Garbsener SC	AK 60	6	01:32:23.4	03:15:56.3	00:35:22.3	05:23:42.0
97	84		96	Siegfried Schmidt	Tri-Finisher Berlin	AK 75	1	01:38:27.8	03:09:36.1	00:39:29.5	05:27:33.4
98		14	94	Olivia Saragosa	Wohnort Berlin-Steglitz	AK 45	6	01:37:24.3	03:18:24.2	00:32:21.3	05:28:09.8
99	85		82	Ingolf Petrick	MyGoal	AK 60	7	01:42:45.6	03:11:17.2	00:41:28.9	05:35:31.7
100		15	89	Pamela Rillig		AK 50	1	01:44:52.8	03:34:44.2	00:52:10.6	06:11:47.6
101		16	11	Antje Blankertz-Teichert	Neustadt	AK 50	2	01:39:49.2	02:47:23.7	x	DNF
102	86		98	Jens Schneeweiß	MSV Tripoint FF/O	AK 40	21	01:06:04.1	x	x	DNF
103		17	102	Manuela Süß	Triathlonverein Dresden e.V. / Team trainsmart	AK 40	4	01:08:50.2	x	x	DNF
104	87		60	Thilo Krause	MSV TRIPOINT Frankfurt (Oder)	AK 50	9	01:13:02.0	x	x	DNF
105	88		118	Andreas Wegener	Fahrrad Magdeburg Trimagos	AK 40	22	01:27:42.0	x	x	DNF
106		18	97	Nicole Schmitz		AK 45	7	01:29:02.3	x	x	DNF
107	89		61	Torben Krause	DLRG Luckenwalde	AK 40	23	01:30:40.8	x	x	DNF

108	90		77	Thomas Nestler	Team de Luk	AK 45	16	01:31:35.5	x	x	DNF
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